Dear Parent/Carer

Year 6 National Childhood Measurement Programme (NCMP).

Every year in England, school children in reception and year 6 have their height and weight checked as part of the NCMP. The programme is delivered in school by our staff and your child will be measured fully clothed, except for their coat and shoes, in line with Local and National guidance.

All results are treated confidentially, and will not be given to your child or their school. The measurements are used to understand how many children are of a healthy weight, underweight or overweight; and are used to help plan support for children in the local area. For more information, please see the links below.

Please note that in Wakefield we do not send a letter with your child's results for NCMP. If your child is above or below a healthy weight, you may be contacted by us to further discuss this.

www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme

www.nhs.uk/healthier-families/

Map Me

You can scan the below QR code to download our free 0-19 (Child Health Services) App, for lots of useful information to support you as your child grows.

Your child should be:

- Registered with a dentist but if not, see www.nhs.uk/service-search/find-a-dentist
- Registered with an optician. This is free for all under 16-year olds.

- Up to date with their immunisations. Details can be found on the 0-19 App.

If you would like further advice or support, you can contact us Monday to Friday 9am-5pm, on 0300 373 0944.

If you **want** your child to be measured as part of the NCMP, **you do not need to do anything**.

If you **do not want** your child to take part, please email hdft.wakefield.ncmp@nhs.net including your child's name, date of birth and school, **within the next 7 days**.

Wakefield 0-19 Service