RSE and PSHE Long Term Plan Overview

JIGSAW SCHEME FOUNDATION STAGE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	Being me in my world	Celebrating differences	Dreams and Goals	Healthy Me	Relationships	Changing me

KAPOW SCHEME YEARS 1-6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Introduction lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson
Year 2	Introduction lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship	Economic wellbeing Transition lesson
Year 3	Introduction lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship	Economic wellbeing Transition lesson
Year 4	Introduction lesson	Family and relationships	Health and wellbeing	Safety and the changing	Citizenship	Citizenship

	Family and relationships	Health and wellbeing	Safety and the changing body	body		Economic wellbeing Transition lesson
Year 5	Introduction lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson: Roles and responsibilities
Year 6	Introduction lesson Family and relationships	Health and Wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Identity Transition lesson: Dealing with change