Dear Parent/Carer

Reception Year National Childhood Measurement Programme (NCMP) and Screening.

Welcome to your School Nursing Service, part of the Wakefield 0-19 Service.

According to the age and needs of your child, we work to deliver health education on issues relating to health and wellbeing, including nutrition, healthy eating and exercise, safety, relationship and puberty education and personal hygiene.

We also offer advice and support on topics such as toileting and bedwetting, sleep, behaviour management, and emotional wellbeing. We see children in a variety of places such as school, the family home or family hubs, and complete health assessments to decide what support we can offer.

You can scan the below QR code to download our free 0-19 (Child Health Services) App, for lots of useful information to support you as your child grows. Including our Ready, Steady, Go leaflet in the Child Development, School Readiness section, with advice as your child starts school.

In reception year we offer distance-vision screening and hearing testing. To complete the hearing test, it is important that we are made aware if your child has a magnetic shunt fitted into their brain, as **this test cannot be done if they have**.

Additionally, every year in England, school children in reception and year 6 have their height and weight checked as part of the NCMP. The programme is delivered in school by our staff, and your child will be measured fully clothed, except for their coat and shoes, in line with Local and National guidance.

All results are treated confidentially, and will not be given to your child or their

school. The measurements are used to understand how many children are of a healthy weight, underweight or overweight; and are used to help plan support for children in the local area.

For more NCMP information please see the links below. **Please note that in Wakefield we do not send a letter with your child's results for NCMP.** If your child is above or below a healthy weight, you may be contacted by us to further discuss this.

www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme

www.nhs.uk/healthier-families/

Map Me

Your child should be:

- Registered with a dentist but if not, see www.nhs.uk/service-search/find-a-dentist
- Registered with an optician. This is free for all under 16-year olds.
- Up to date with their immunisations. Details can be found on the 0-19 App.

If you would like further advice or support, you can contact us Monday to Friday 9am-5pm, on 0300 373 0944.

If you **want** your child to be measured as part of the NCMP and to have their vision screening and hearing test completed, **you do not need to do anything**.

If you **do not want** your child to take part, please email hdft.wakefield.ncmp@nhs.net including your child's name, date of birth and school, **within the next 7 days**.

Wakefield 0-19 Service